

Patuxent Trail

Morale, Welfare and Recreation (MWR)

NAS Patuxent River, Maryland

December Events

- * Golf Pro Shop Sale Nov. 28 - Dec. 31 (pg. 3)
- * Army Navy Game Parade and Pep Rally - Dec. 4 (pg. 8)
- * Arts and Crafts Festival - Dec. 6 (pg. 1)
- * Youth Center Winter Wonder Dance - Dec. 12 (pg. 5)
- * Youth Center Teen Christmas Party - Dec. 13 (pg. 5)
- * Santa's Calling Program - Dec. 17-18 (pg. 5)
- * St. Maries Musica Dinner and Performance at the O' Club - Dec. 17 (pg. 4)
- * Santa, Tree Lighting and Holiday Movie - Dec. 17 (pg. 5)
- * New Year's Eve Bowling Party - Dec. 31 (pg. 2)

Liberty Events (active duty E1-E5)

- * Free Christmas Wrapping - Dec. 3, 11 and 15 (pg. 5)
- * Christmas Bingo - Dec. 15 (pg. 5)
- * Christmas Eve Party - Dec. 24 (pg. 5)
- * Redskins vs. Eagles Trip - Dec. 27 (pg. 5)

Holiday Gift Ideas

Give a gift that is easy to use and supports your local MWR. From hobbies to fitness, this station has fun things for everyone on your list.

For sports enthusiasts, the Recreation Office/ITT has tickets for the Washington Wizards' home games. The tickets are \$40 per person but must be bought in pairs. These are great seats in Section 117 at MCI Center. If your list has more dancers than dunkers, you can pre-purchase dance lesson passes for upcoming adult social dance workshops, ballet, or belly dancing sessions. Passes for aerobics and cycling classes are also available.

Has someone on your gift list always wanted to learn scuba diving? The Recreation Office offers a full series of courses from beginning to advanced in the Drill Hall's Indoor Pool. Beginning scuba classes cost \$150 per person and advanced classes cost \$80 per person. Class prices include the cost of the check-out dive.

For the golfers on your list, check out Cedar Point Pro Shop. When you shop from Nov. 28 through Dec. 31, you'll receive 15-25% off on all men's and ladies' apparel and 10% off on all golf clubs in stock. The Pro Shop will stay open until 7 p.m. every Thursday night to accommodate holiday shoppers.*

Some people are just impossible to buy for, but love to travel. The Recreation Office has annual passes to Busch Gardens Williamsburg, Colonial Williamsburg and other theme parks and attractions. Pax River is a member of the Armed Forces Vacation Club and can offer your family tremendous savings on trips and tickets.

If you still can't think of what to give, don't give up. MWR has gift certificates that are as good as cash for MWR fun! You can purchase the gift certificates at the Golf Course, Officers' Club, Pax Landing Restaurant, and Recreation Office inside the Drill Hall. The gift certificates come in \$5, \$10 and \$20 denominations and are redeemable at the Auto Skills Center, Bowling Center, Customized Creations (for craft classes), Energy Zone, Golf Course, Recreation Center, Theater and Wood Hobby Shop. For more information or to purchase MWR gift certificates call Sandy in the MWR Admin office at 301-342-0951.

*It is such a busy time of year, you'll want to check page 7 for MWR facility hours or call before you visit. Happy holidays from your MWR.



MWR presents the 26th Annual ARTS & CRAFTS FESTIVAL

Each year over 170 artists and artisans come to sell their wares. Behold everything from Paintings, Silk Flowers, Wood Crafts, Christmas Ornaments, Handmade Baskets, Quilts, Jewelry, and much more!!



Saturday, December 6, 2003
10 a.m. to 3 p.m.

Snow date: December 13
Patuxent River
Naval Air Station
Drill Hall
Free Admission

*General Public
is Welcome!*

Guests who do not have access to the base must park at the Frank Knox building (near Gate 2).

Shuttle service will be provided to and from the Drill Hall.

Call MWR Customized Creations at
301-342-3569 for details.

MWR Caters and Rents

Eat, drink and be very busy! That seems to be the theme this time of year. Let MWR Caters and MWR Rents help with your holiday parties. MWR Caters offers full catering and party trays for all occasions. Just call 301-757-2824 or stop by Pax Landing Restaurant for more information. To rent banquet tables, chairs or other party equipment visit the Recreation Office, inside the Drill Hall, or call 301-342-3648. Tables and chairs are picked up and returned to Bldg. 1632 on Leader Rd.

Rent the Clubhouse

From November through February the Cedar Point Golf Course Clubhouse is available for holiday gatherings, wetting-downs, and other events. Call 301-342-3597 for more information.

January 2004 Events

Intramural Sports

- * Basketball
- * Volleyball
- * Wallyball
- * Racquetball
- * In-line Hockey (New)

Recreation Classes

- * Aerobics
- * Adult ballroom dancing
- * Belly dancing
- * Youth Pompoms/Jazz
- * Preschool movement
- * Adult Tap/Jazz
- * Cycling
- * Tai Chi
- * Women's Self Defense
- * Yoga

MWR ANNOUNCEMENTS

DECEMBER EVENTS

Army Navy Game Pep Rally and Parade (757-2832 or 342-9631)

Join the fun by cheering on your team or entering the boat competition. The parade and pep rally begins at p.m. on Dec. 4 at Bldg. 409. The parade route ends at the Flight Deck Lounge with food and entertainment beginning at 5 p.m. All station activities are invited to enter a float and compete for a \$300 first place cash prize provided by the Navy League. MWR will award \$100 in Bay Bucks to the 2nd place winner, and the 3rd place prize is one day's free rental of the Beach House. MWR will reimburse commands or up to \$50 in float supplies. Please contact Lisa Osborn in MWR Marketing at 342-3635 for details about the reimbursement. For parade and pep rally information, please contact Tom Craddock at 757-832 or LT Ryan Eisenhardt at 342-9631. This event is co-sponsored by Buck Distributing.

New Year's Eve Bowling Center Party (342-3994)

Join the New Year on Dec. 31 at the Pax River Bowling Center located inside the Drill Hall. For \$150 you can rent one bowling lane that will accommodate up to six persons. There will be music by Rock 300, a buffet and cosmic bowling. All ages are welcome. Party time is 7 p.m. - 1 a.m. Call now for more information. Pre-paid reservations must be made by Dec. 20.

NFL Sunday Football and Wings (757-1008)

Enjoy the NFL ticket and feast on 25-cent wings at the Eva's every Sunday during football season.

TRIPS AND TICKETS

TicketMaster

The TicketMaster outlet in the Recreation Office sells tickets to regional concerts, sporting events, amusement parks and performing arts events. TicketMaster is available for walk-in sales only. No phone calls please.

Naval Academy Tickets (342-9648)

Tickets for home games are available in the Recreation Office. Tickets should be purchased one week before game.

Washington Ballet (342-3648)

The bus trip is sold out but you can still buy tickets to see the holiday classic The Nutcracker on Dec. 20 (\$42.50). Trips for upcoming ballets include A Midsummer Night's Dream Jan. 24 (ticket and transportation \$58.75/Liberty E1-E5 \$29.50) and Copelia Apr. 3 (\$58.75/Liberty E1-E5 \$29.50). Bus departs from the Drill Hall with a second pick up at Wildewood Shopping Center. Pre-paid reservations must be made for The Nutcracker by Dec. 4. Deadline to purchase tickets is two weeks prior to the performance.

Lyric Opera House Tickets (342-3648)

The Recreation Office has orchestra seats available or the following 2 p.m. shows: Urinetown on Jan. 1 (\$68.75), Nunsense on Feb. 7 (\$52), and Oliver on March 27 (\$61).

Wizards Tickets (342-3648)

The Recreation Office is selling tickets for all home games for Washington Wizards basketball games. Ticket sales are open to all station members and are 40 per person but must be purchased in pairs.

ATHLETICS

Adult Swim Program (757-1293)

Join the Pax River Stingrays for fitness, social and competitive swimming. All fitness levels are welcome. The program is affiliated with U.S. Masters Swimming and is coached by Chuck Jacobs, a certified Masters coach. Practices are held Mondays from 2:30-1:30 p.m., Wednesdays from 5-6 p.m., and Tuesdays and Thursdays from 5-6:30 a.m. at the Indoor Pool. The initial practice session is free but then a 12-class pass must be purchased at the Recreation Office for \$25. Practices are always free or active duty military. The program is open to all

active duty and retired military, reservists, members of the Civilian Recreation Association and family members.

Intramural Winter Sports Leagues begin in January (342-3648)

Teams are gearing up for a full season of play. There will be organizational meetings for winter sports leagues on the following dates: Basketball (Jan. 6), Gray Beard Basketball (Jan. 7), Volleyball (Jan. 8), Wallyball (Jan. 12) and Racquetball (Jan. 13). All organizational meetings will be in the Drill Hall Bowling Center at 1 p.m. Intramural programs are open to active duty and retired military, Civilian Recreation Association members, their family members and other eligible patrons.

*A new In-line Hockey League is also forming to use the new outdoor rink. Teams should plan to attend the first organizational meeting Jan. 14.

CLASSES

Yoga Drop-in Classes (995-3869/342-3648)

The drop-in yoga sessions are on Tuesdays and Thursdays from 11:45 a.m.-12:45 p.m. at the Energy Zone. Tuesdays is a flow yoga drop-in class and Thursdays is a mixed level drop-in class. The cost is \$5.50 for a one-class pass or \$44 for an 8-class pass that expires within four months of time of purchase and can be purchased at the Recreation Office. The first drop-in class is free for all authorized patrons.

Level I Yoga Classes Begin Jan. 5 (995-3869/342-3648)

Level I yoga classes are on Mondays from 5:45-7:15 p.m. on Jan. 5, 12, 26, Feb. 2, and 9 or Wednesdays from 5:45-7:15 p.m. on Jan. 7, 14, 21 and Feb. 4. The cost for either five-class session is \$35.

Private Piano Lessons (342-1694)

The Rassieur Youth Center is now offering private piano lessons for youth and adults. Interested patrons may sign up for four 40-minute sessions and pay \$60 for instruction. Lessons are taught by an experienced piano teacher on Monday evenings, Thursday evenings or Saturdays. Classes are open to active duty, retired and reserve military, DoD personnel, contractors, family members and other eligible patrons.

Indoor Cycling Classes at the Energy Zone (342-3648 or 995-3869)

Regular cycling classes are 5:45 a.m. and 4:45 p.m. Mondays and Wednesdays, 11:30 a.m. or 5:45 p.m. Tuesdays and Thursdays, or 8 a.m. Saturdays. There is no charge for the first class. Cycling classes cost \$3.50 per class but are free for active duty and retired service members. Passes for 8 classes are \$22, unlimited monthly passes are \$25, and a six-month pass are \$100.

Swimming Lessons (342-3508/3648)

NAS Patuxent River and the American Red Cross offer Learn to Swim programs in the Indoor Pool at the Drill Hall. Classes are offered at all levels and for all ages, from 6 months through adults. Classes are \$25 per person and open to all military personnel, retired military, base civilian federal employees and their family members. Classes fill early. Call or stop by the Recreation Office for an updated schedule.

Free Discovery Scuba (342-3648 or 757-1293)

Try out scuba diving! This free session lets you breathe underwater in the Drill Hall Indoor Pool. Sign up at the Recreation Office for a 2-4 p.m. session on Dec. 14. Students must be 10 years of age or older and complete the Discover Scuba Statement which includes a medical questionnaire.

Open Water Scuba (342-3648)

Become PADI certified in this two-day class and checkout dive. Class meets at 8 a.m. on Dec. 13-14. Class fee of \$150 does not include check-out dive.

Advanced Open Water Scuba (757-1293)

Register now for the Dec. 17 class. Instruction will be

in navigation dive, night dive, deep dive, peak performance buoyancy, multi-level and underwater naturalist. Underwater photography can also be chosen. A two-day open water check out dive is required to complete certification. Fee: \$80 per person (includes textbook but doesn't include the cost of the checkout dive). Class meets 7-9 p.m. in the Drill Hall Indoor Pool. Please register at least two days prior to the class.

Adult Social Dance Workshops (995-3869 or 342-3648)

There will be no adult ballroom classes in December, but they will resume in January. On Jan. 15 the 5:45-6:45 p.m. class will teach the ChaCha, Waltz and Rumba and the 7-8 p.m. class will teach the Jitterbug, Foxtrot and Tango. Watch for the new Energy Zone calendar that will include more details.

"Getting it Together/Putting it Together" Scrapbooking (342-3569)

Learn safe photo preservations and scrapbooking techniques for photos. The next class is from 7:30-9 p.m. on Dec. 1 in the craft room of Customized Creations, Bldg. 415. The cost is \$30 and includes all materials. The cost for professional instruction only is \$15. Register today at Customized Creations.

Photo Sharing Greeting Card Scrapbook Class (342-3569)

Save 7:30-9 p.m. on Dec. 8 to create a beautiful holiday greeting card. Class fee of \$26 includes materials, or \$15 if the student has their own supplies. Classes are held in the craft room at Customized Creations, Bldg. 415.

NEW AND SEASONAL TRAVEL DISCOUNTS

Navy MWR Discounted Travel Program

MWR has established a partnership with the Government Armed Forces Travel Cooperative (GAFTC) to provide a wide range of discounted travel opportunities to active duty, retired and reserve military, DoD personnel and family members. The GAFTC website govarm.com allows users to shop for hotel rooms, airline tickets, car rentals, cruises, golf packages and travel insurance and features more than 50,000 hotels, hundreds of airlines, 24 car rental companies, all major cruise lines, 400 golf vacations and the leading travel insurance companies around the world. Check it out today!

Disneyland/California Adventure and Walt Disney World, Florida "Disney's Armed Forces Salute"

Receive a free three-day ticket good for admission to both Disneyland and Disney's California Adventure parks. Active U.S. military personnel may make a one-time purchase of three-day Disney's Armed Forces Salute Companion tickets during the offer period for up to five family members (including spouse) or friends for \$39 each. For complete details, go to www.disneyland.com/military. Offer ends Dec. 19.

Military Discount Alert for Caesars Pocono Resorts (800-698-4766)

Caesars Pocono Resorts are offering military discounts of up to 50 percent until Dec. 27. Whether seeking a romantic couples-only getaway, a memorable honeymoon or a fantastic family vacation, Caesars Pocono Resorts offer valued, all-inclusive packages year-round. Each all-inclusive vacation, honeymoon, and family package features: a luxurious suite, free all-you-can-eat breakfast and dinner, free couples breakfast in bed, free live entertainment, free indoor and outdoor activities and free daily social directed activities. To book this exclusive military discount, call 800-698-4766 and provide the discount code: GA-12676. For more information visit CaesarsPoconoResorts.com/MWR.

Military Appreciation Program for Universal Studios, Orlando (342-3648)

Until Dec. 19, a free 5-day bonus pass is available for active duty military, reservists and National Guard.








See ANNOUNCEMENTS on page 6

Exercise Class Giveaway

Come by the Energy Zone before Dec. 18 to enter in this month's giveaway. You could be the lucky winner of two tickets to the Washington Wizards vs. Indiana Pacers game on Sat. Jan 24 at 7 p.m. All active duty and retired military, DoD civilian employees, their family members, contractors, accompanied

guests and other eligible patrons may participate in the group exercise program. The first aerobics class is free for all authorized patrons. Classes are always free for active duty and retired military members. *Congratulations to Kim Golubor, winner of the October contest.*

December EZ Group Exercise Class Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 a.m.		PT STEP <i>Linette</i>		PT STEP <i>Linette</i>		
5:45 a.m.	 CYCLING <i>James</i>		 CYCLING <i>James</i>			
6:00 a.m.	STEP CIRCUIT <i>Linda</i>		CARDIO SCULPT <i>Linette</i>		DOUBLE STEP <i>Linda</i>	
8:00 a.m.						 CYCLING <i>Lynne</i>
9:00 a.m.	AQUA AEROBICS DEPTH COMBO <i>Gwyn</i>		AQUA AEROBICS SHALLOW INTERVAL <i>Ana</i>		AQUA AEROBICS DEEP <i>Gwyn</i>	STEP <i>Barbara</i>
9:30 a.m.						AQUA AEROBICS INSTRUCTOR'S CHOICE <i>Ana</i>
11:30 a.m.	INTERVAL <i>Cindy</i>	SCULPT & STRETCH <i>Maria</i>	 CYCLING <i>Barbara</i> DOUBLE STEP <i>Leigh</i>	SCULPT & STRETCH <i>Maria</i>	CARDIO BOX <i>Chris</i>	
4:30 p.m.	CARDIO SCULPT <i>Barbara</i>	LOW IMPACT <i>Linda</i>	STEP & BOX <i>Cindy</i>	STEP & SCULPT <i>Leigh</i>	Dec. 24 & 26 - All EZ and aqua classes are cancelled except the 11:30 a.m. Step class. Closed Dec. 25 and Jan. 1 Dec. 31 - All classes cancelled except 6 a.m. & 11:30 a.m. step class.	
4:45 p.m.	 CYCLING <i>Leigh</i>					
5:30 p.m.		AQUA AEROBICS INTERVAL <i>Gwyn</i>		AQUA AEROBICS DEPTH COMBO <i>Gwyn</i>		
5:45 p.m.	CARDIO COMBO <i>Stacey Studio B</i>	 CYCLING <i>Donna</i>		 CYCLING <i>Donna</i> STEP CIRCUIT <i>Stacey</i>		

See page 6 for class descriptions.

Free for active duty and retired military \$3.50 per class \$22 for 8 classes \$25 unlimited monthly classes \$100 six-month pass

Bay Bucks Contest

When and where is the Arts and Crafts festival?

Find the answer in this month's edition of Patuxent Trail. The first ten people to bring their answers to the Recreation Office located inside the Drill Hall will win \$10 in Bay Bucks and a "Buy One, Get One Free" movie coupon to the Base theater.

Bay Bucks can be used as cash at any Pax River MWF facility including Pax Landing Restaurant, the Drill Hall, Ceda Point Golf Course, Energy Zone, the swimming pools, Gea Issue, Officers' Club, Base Theater, the Wood Hobby Shop and the Child Development Centers. Some restrictions apply.

The correct answer must be delivered in person. Only one winner per family. Families may win a maximum of four times per calendar year. No phone calls, e-mails, or faxes, please! Only answers found in this edition will be accepted. MWR employee are not eligible to win the contest. This is a regular feature - so keep reading and playing. Good Luck! *Congratulations to Hilto Garcia, Joseph Hartz, Bryan Jones, Keith Nix, Agapito Mendoza Pat Cocimano, Timothy Schappert, Victor Miller, Luz Pimento Precy Cruz -the lucky winners of the fast cash in October!*



Become A
Professional
Child Development Home Provider
For more information call (301) 342-3960.

GOLF COURSE HOLIDAY

Pro Shop Sale

Stop by the Cedar Point Golf Course Pro Shop from Nov. 28 until Dec. 31 and receive 15-25% off on all men's and ladies' apparel such as Ashworth, Foot Joy and Sun Mountain. Plus, all golf clubs in stock are 10% off. The Pro Shop will extend its hours on Thursday nights until 7 p.m. during the month of December.

Annual Golf Awards and Christmas Party

The awards ceremony and holiday celebration will take place on Dec. 11 from 7-9 p.m. All Pax River golfers and their guests are invited to the Clubhouse for this annual event. Complimentary hors d'oeuvres will be available as well as a cash bar.

The golf course offers a beautiful clubhouse, which can be rented for private parties Nov.-Feb.

For more information call 301-342-3597.





Breakfast • Lunch • Dinner

Automated Menu Line 301-342-3940

"Carry Out" orders 301-342-3293

Hours

BREAKFAST

M-F 6-8 a.m.; Sa/Su/Hol Hot Bar only 10 a.m.-2 p.m.

LUNCH

M-F 11a.m.-2 p.m.; Deli Only 2-5 p.m.;

Sa/Su/Hol Hot Bar Only 10 a.m.-2 p.m.

DINNER

M-F 5-7 p.m.; Sa/Su/Hol Grill and Deli Only 5-7 p.m.

MIDRAIS

M-F 10:30 p.m.-12 a.m.; Sa/Su/Hol 5-7 p.m.

Located in Bldg. 467, off Base Rd.

See page 8 for Christmas Buffet Menu

Lil Eva's RECREATION CENTER LOCATED IN PAX LANDING RESTAURANT



BAR HOURS

Monday

3:30 - 10pm

Tuesday

3:30 - 8pm

Wednesday - Thursday

3:30pm - 12am

Friday

3:30 - 10pm

Saturday

4:30pm - 12am

Sundays

1 - 8pm

FACILITY HOURS

Monday - Sunday

7am-12am

**Food, Drink Specials,
Pool, Computers, TVs, etc.**

See page 7 for holiday hours.



CEDAR POINT OFFICERS' CLUB

"Membership has its own privileges."

Who is eligible?

- * Active Duty Officers
- * Reserve Officers
- * Chief Warrant Officers
- * Retired Officers
- * Pax River or Webster Field DoD civilian personnel and retirees
- * Pax River or Webster Field contractors
- * St. Mary's College full-time staff
- * Navy League members

Membership Fees:

- * 01 to 03, CWO
GS-1 to GS-9 \$ 75.00
- * 04 to 05
GS-10 to GS-14 \$ 80.00
- * 06 and Up
GS-15 and Up \$ 90.00
- * Contractors/
St. Mary's College Staff \$100.00
- * Senior Citizens
(62 and over) \$ 75.00
- * Navy League \$200.00

Benefits of Membership:

- * Discounts on most meals
- * Free birthday meals for you and your spouse
- * Free anniversary meals for you and your spouse
- * Reciprocal use of the Armed Forces Clubs worldwide
- * Quarterly newsletter
- * Eligibility to reserve banquet rooms for private functions
- * Coupon book (valued at over \$100)
- * Free member events

**FOR MORE INFORMATION,
CALL 301-342-3656.**

This Month's Specials

All Hands Sunday Brunch 10 a.m. - 1:30 p.m.

Enjoy the most popular brunch in Southern Maryland! Treat yourself to hot entrees, sausage, bacon, eggs, fresh pastries, salad bar, Belgian waffles, fresh fruit, omelets, champagne, Bloody Marys and more.

Adults \$10.95, children (6-11) \$5.95 and free for children five and under.

No Brunch Dec. 21 & 28, 2003 and Jan. 4, 2004.

Dinner Specials: 5:30-7:30 p.m.

Dec. 3

PRIME RIB AND SALMON NIGHT

Make your reservations for this fun dining experience. Select the size of your salmon filet or prime rib, we weigh it and you pay only \$1 an ounce. We will also have salads, soup, vegetables, bread and desserts available a la carte to complete your meal.

Dec. 10

SEASONAL FAVORITES BUFFET

Gather the friends and family to enjoy some holiday seasons favorites. We'll be serving Butternut Squash Bisque, Potato Latkes and Applesauce, Roasted Beef, Golden Fried Fish, Savory Baked Turkey, Steamed Rice, Green Bean Casserole, Potatoes, Dessert and Salad Bars.

Members \$9.95

Children (6-11) \$5.95

Non-members \$12.95

Five and Under Free

Dec. 17

ST. MARIES MUSICA PERFORMANCE & DINNER Dinner 1730-1930 Performance 2000

St. Maries Musica is a non-profit vocal ensemble consisting of local musicians from the Southern Maryland area. They began as the Madrigal Concert Ensemble. The Musica is best known for their performances at the Christmas Madrigal dinners held in the Old State House in Historic St. Mary's City. The group also sings at Sotterley Mansion, the Kennedy Center and the White House Executive Building. For dinner, enjoy our buffet of Clam Chowder, Fresh Baked Breads, Roast Beef au Jus, Stuffed Herbed Chicken Breast, Seafood Newburg, Steamed Rice, Whipped Potatoes, Salad and Potato Bars, Desserts, Coffee, Tea and Egg Nog.

Members \$13.95

Children (6-11) \$8.95

Non-members \$16.95

Five and Under \$1

Above prices do not include gratuity.

The Officers' Club will be closed from December 20 through January 4. Happy Holidays.



St. Maries Musica

**December 17, 2003
Cedar Point Officers' Club
Dinner: 5:30-7:30 p.m.
Performance: 8 p.m.
(See above for details)**

Rassieur Youth Center

DECEMBER EVENTS

Family Events

(Parents must accompany children)
Stop by the Youth Center during the month of December to guess how many candy canes are in the jar and win a prize.

Family Bingo Night

Dec. 5: 5:30-7:30 p.m.
Fee: \$5 per family
Popcorn, drinks and prizes will be awarded to bingo winners.

Winter Wonder Dance

Dec. 12: 6:30-9:30 p.m.
Fee: \$3
Come celebrate the holidays with us. There will be buffet style food. Dance to the DJ and visit with Santa.

Holiday Movie and Tree Lighting

Dec. 19: 6 p.m.
Fee: \$2 per person, Free for children 2 and under
Enjoy a holiday movie at the theater, followed by a tree lighting ceremony. Santa will be there with hot chocolate, cider and cookies.

Special Events



Santa's Calling

Dec. 17 or 18
Operators are standing by at the North Pole phone center to put your child's name on Santa's telephone list! Send a special message to your child this Christmas with a call from Santa, Mrs. Claus and the elves.* Phone calls will be made December 17 or 18 from 6 to 8 p.m. Pick up message forms at one of these MWR locations: Bowling Center, Rassieur Youth Center Theater, Recreation Office, MWR Admin Office, Child Development Center, Child Development Center Annex. *Volunteers are needed to help Santa! Please call 301-342-1694 if you can help.

Baking Cookies

Dec. 22: 6-8 p.m.
Fee: \$3
Enjoy an evening of baking cookies for the holidays.

Unless specified, all youth and teen events require pre-registration and payment by the Wednesday preceding the event. The above programs are open to family members of active duty, retired, and reserve military, DoD employees, contractors, and their accompanied guests. The Rassieur Youth Center is located on Cuddihy Road next to the Outdoor Pool. For more information, call (301) 342-1694.

Ages 6-12

T.G.I.F

Gingerbread Houses
Dec. 19: 5:30-7:30 p.m.
Fee: \$3
Enjoy a fun night of making gingerbread houses using candy, frosting and graham crackers.

Candle Making

Dec. 20: 1-3 p.m.
Fee: \$4
Enjoy an afternoon of making candles. We will have a variety of different candles you can create.

Dollar Store Trip

Dec. 22: 11 a.m.-3 p.m.
Fee: \$3
We will stop for lunch at McDonalds so bring extra money. (Space is limited so sign up early) Register by Dec. 19.

Ages 13-17

Open Recreation

Monday-Thursday: 5:30-7:30 p.m.
Fridays: 5:30-8 p.m.
Saturdays: 11 a.m.-5 p.m.
Teens can come out and enjoy pool, Ping-Pong, bumper pool, N64 and Playstation, XBOX. Computer Lab will be open as well as outdoor volleyball.

Clubtech

Monday Nights: 6-7 p.m.
Fee: Free
Join the e-generation at the youth center sponsored by Boys and Girls Club of America. Attend workshops and develop your computer skills. Step by step activities that use MS Word, Excel, PowerPoint, Paint and the Internet. Register early.

Project Learn

Mondays-Thursday: 2:30-5:30 p.m.
Come be a mentor during our Power Hour. Help our School Age Care students with their homework and do your own during this after school program sponsored by the Boys and Girls Club of America. You will earn volunteer hours towards your school's requirement.

Keystone Club

Dec. 4: 5:30-6:30 p.m.
Meets the first Thursday of the month sponsored by the Boys and Girls Club of America. Join a real club and plan events for teens on base. All teens are invited! Register early.

Pool Tournament

Dec. 5: 5:30-7:30 p.m.
Fee: Free
Come and play pool. Prizes will be given to the first and second place winners and also snacks and drinks will be provided.

Movie Night

Dec. 9: 5:30-7:30 p.m.
Fee: Free
Enjoy a movie and popcorn at the youth center. Movies are always PG or PG13. For the

movie schedule, call 301-995-4177. Register by Dec. 5.

Taco Night

Dec. 11: 5:30-6 p.m.
Fee: Free
Come to the youth center, meet new friends and make your own free tacos. Register early.

Art Project

Dec. 16: 5:30-7:30 p.m.
Fee: Free
Come to the youth center and learn how to make holiday ornaments.

Teen Christmas Party

Dec. 13: 9 p.m. - midnight
Fee: \$3
Join our teen Christmas party at the youth center. We are going to have a live DJ! Put on your dancing shoes and join us for the party of the year. Delicious finger food and drinks will be served.

Teen Cooking Night

Dec. 18: 5:30-7:30 p.m.
Fee: \$2
Come to the youth center and learn how to make Christmas ornament cookies. Register by Dec. 12.

Ping-Pong Tournament

Dec. 19: 5:30-7:30 p.m.
Fee: Free
Snack, drinks, and special prize will be given to the ping-pong winner.

Teen Shopping Trip

Dec. 22: 8 a.m.-5:30 p.m.
Fee: \$4
Start or finish your holiday shopping with a trip to the Arundel Mills Factory Outlet Mall. Registration deadline is Dec. 15. Permission slips are required.

Jingle Jangle Christmas Crinkle

Dec. 23: 5:30-7:30 p.m.
Fee: Free
Teens can bring their family members for a fun night of playing games, watching movies and listening to music. Pizza will be provided so register by Dec. 16.

Bingo Night

Dec. 30: 5:30-7:30 p.m.
Fee: Free
Come and enjoy a fun night of bingo and the best part is that everyone is a winner. Snacks and soda will be provided. Registration deadline is Dec. 22.

Space is available in the School Age Care program. This is a before and after school program for youth ages 6-12 affiliated with the Boys and Girls Clubs of America. For more information please call the Youth Center at 342-1694.



The Navy-wide Liberty program sponsors free or reduced-price events for active duty E1-E5 personnel. Liberty is a component of the Single Sailor Program.

Dec. 1-30

Cost: 50 cents
Bowl Monday through Friday from 11 a.m. until 4 p.m. at the station's bowl - ing center for only fifty cents a game! Military ID required.

Discounted Bowling

Registration deadline: None

Dec. 1-30

Cost: Free
Pay no usage fees at the Wood Hobby Shop. Military ID required.

Wood Hobby Shop Discount

Registration deadline: None

Dec. 3

Cost: Free
Liberty barrack residents may stop by the Freedom Lounge from 5-7 p.m. and join the Liberty program for a hot latte and Chick-Fil-A brownies. Be sure to bring those holiday presents by for free gift wrapping.

Latte and Free Gift Wrapping Night @

Freedom Lounge

Registration deadline: None

Dec. 3, 8, 11, 15

Cost: Free
Barracks residents receive free gift wrapping during scheduled events at the Freedom Lounge.

Gift Wrapping @ Freedom Lounge

Registration deadline: None

Dec. 4, 11, 18

Cost: Free
See the latest blockbusters for free at the station's theater. Call the theater at (301) 342-5033 for the movie schedule or check out MWR's web site on WingSpan or <http://nas.nawcad.navy.mil/mwr>.

Movie Night @ Base Theater

Registration deadline: None

Dec. 10

Cost: Free
Liberty Marine Security Force barrack residents can come out from 6-9 a.m. to have a free Latte and some Chick-Fil-A brownies with us at the Marine Barracks.

Latte Morning @ Marine Barracks

Registration deadline: None

Dec. 11

Cost: Free
Come by the Freedom Lounge from 8-10 p.m. and watch Thursday night WWE wrestling.

Wrestling Night

Registration deadline: None

Dec. 15

Cost: Free
Barracks residents receive free gift wrapping during Bingo from 7-10 p.m.

Christmas Bingo

Registration deadline: None

Dec. 27

Cost: \$40
Transportation leaves from the Recreation Office at 5:30 p.m. for the 8:30 p.m. game time. The cost includes admission and transportation.

Redskins vs Eagles Football Game

Registration deadline: Dec. 19

For more information on any of the above events, call the Recreation Office at 301-342-3648 or Michele Kessler, Liberty Coordinator, at (301) 757-1394.

FAMILY NIGHT WINTER WONDER DANCE



Friday, December 12, 2003
6:30-9:30 p.m.

Rassieur Youth Center

\$3 per child

Parents receive free admission

Come celebrate the holidays at the Rassieur Youth Center. A delicious finger food buffet will be available, accompanied by music, dancing, door prizes and a special visit from Santa! Parent or guardian must accompany children.

ANNOUNCEMENTS from page 2

he bonus pass is valid for Universal Studios, Islands of Adventure for 5-day period from the first day of visit. The pass also includes the CityWalk Party Pass. Military ID must be presented at the front gate admissions to obtain this special pass. Additional family and friends, up to five people, can purchase the Bonus Pass at a 50 percent discount of \$49.95 plus tax. Military spouses with a military ID may purchase this pass if the active member is still overseas. For more information visit www.universallorlando.com.

Busch Gardens Annual Passes

he Recreation Office is selling active duty military discount annual passes for Busch Gardens. These make great holiday gifts. Visit or call the Recreation Office at 757-1394 for more information.

Armed Forces Vacation Club

he AFVC offers all DoD civilian personnel, reservists, active duty, retired military and their family members the opportunity to book a seven-night luxury resort vacation for only \$249. Participating resorts are located around the world and throughout the United States. Accommodations are booked on a space-available basis. Check out the club's web site at www.afvclub.com to search results and dates. To book your family vacation, call 800-724-9988, and be sure to reference Patuxent River Installation #114.

SERVICES**Rent Party Equipment (342-3648)**

ent banquet tables and folding chairs at the Recreation Office for your next party. Daily rates are \$5 each for banquet tables and 25 cents each for folding chairs. Barbecue grills rent for \$40 to military personnel. Payment is required in advance to confirm reservation. Tables and chairs are picked up at Bldg. 1632 located near the station garden plots behind the Patuxent River Navy Flying Club, off of Leader Road. Rentals are open to active duty, retired and reserve military personnel, DoD personnel, their family members and eligible patrons.

Rent Cedar Point Beach House (342-3648)

he Cedar Point Beach House, Building 486, can accommodate more than 200 guests and offers a kitchen, indoor and outdoor party area, working fireplace, heat and a playground across the street. November through March is the off-season so the fee is only \$50 per day. April through October the fee is \$100.

Rent Moon Bounces (342-3507)

Rent Crazy Dog, an 11'x11' moon bounce, for \$100 per day. Crazy Dog will keep the young ones entertained throughout the entire party or function. Need something larger? Spice up your parties with the 14'x 14' castle moon bounce for \$150 per day. Reservations can be made at the Auto Skills Center.

Flying Club (862-1110)

Stop dreaming and start flying with the Patuxent River Navy Flying Club (PRNFC) located in Bldg. 336 on Leader Rd. The club offers aircraft rentals, ground school and flight instruction for private pilot, commercial, instrument and flight instructor ratings. The club operates a T-34B, C-177, T-41C and C-152s. To find out when the next class starts log on to www.nawcad.navy.mil/flyingclub/inst.htm.

Civilian Recreation Association (342-3648)

Pax River DoD civilians and civilian retirees are eligible to join the Civilian Recreation Association. Membership entitles employees and their family members to use the Outdoor Pool and Drill Hall including basketball, volleyball and racquetball courts; free weight room; cardio and fitness rooms; Bowling Center; Indoor Pool and saunas. Membership also allows participation in numerous intramural sports teams. Membership is \$25 per month or \$200 per year. Other fees apply to swim and bowl.

Children's Birthday Parties (342-3648)

Trying to figure out where to have the next birthday party? The base theater is ready for you. The theater is available Monday and Tuesday evenings, Saturdays from 9-noon or noon-3:30 p.m., and Sundays from 10 a.m.-1 p.m. The theater staff will provide the movie of your choice from their library collection as well as manage the concession stand for those hungry popcorn and candy eaters. Reservations can be made through the Recreation Office. Open to active duty and retired military, DoD personnel and their family members. A \$25 refundable deposit is required at time of reservation.

Get MWR E-News as email

MWR E-News is a free, weekly electronic newsletter. To subscribe and receive information about upcoming athletic, youth and dining events as well as movie schedules, send an e-mail to MWRnewsletter@navair.navy.mil, and provide the e-mail address you would like the weekly newsletter sent to.

**DANCE CLASSES
NOW FORMING**

Energy Zone, Studio B
Cost: \$18 for 6 classes/\$24 for 8 classes

ADULT BALLET

Cost: \$24
Ages 16 and up with Ms. Leigh
Tuesdays, 5:45-6:45 p.m.
Jan. 6, 13, 20, 27, Feb. 3, 10, 17
and 24

PRESCHOOL MOVEMENT

Cost: \$24
Ages 3-5 with Ms. Lisa
Tuesdays, 10:10-10:45 a.m.
Jan. 6, 13, 20, 27, Feb. 3, 10, 17
and 24

BEGINNING BALLET

Cost: \$24
Ages 8 and up with Ms. Leigh
Wednesdays, 4:30-5:30 p.m.
Jan. 7, 14, 21, 28, Feb. 4, 11, 18 and 25

ADULT TAP/JAZZ

Cost: \$24
Ages 13 and up with Ms. Lisa
Tuesdays, 4:15-5 p.m.
Jan. 6, 13, 20, 27, Feb. 3, 10, 17
and 24

INTRO TO BALLET

Cost: \$18
Ages 6-8 with Ms. Leigh
Saturdays, 10:15-11 a.m.
Jan. 17, 24, 30, Feb. 7, 14 and 21

ADULT BALLROOM DANCE

Cost: \$40/person
with Dean and Cori
Thursdays,
5:45-6:45 p.m.
or
7-8 p.m.
Jan. 15, 22, 29, Feb. 5, 19 and 26

INTRO TO DANCE

Cost: \$18
Ages 6-8 with Ms. Leigh
Saturdays, 9:15-10 a.m.
Jan. 17, 24, 30, Feb. 7, 14 and 21

MODERN DANCE

Cost: \$24
Ages 16 and up with Ms. Leigh
Tuesdays, 7-8 p.m.
Jan. 6, 13, 20, 27, Feb. 3, 10, 17
and 24

BELLY DANCE

Cost: \$58/person
with Veda Sereem

POMPOMS/JAZZ

Cost: \$24
Ages 6-9 with Ms. Lisa
Mondays (except for Jan. 22 &
Feb. 19), 4:15-5 p.m.
Jan. 5, 12, 22, 26, Feb. 2, 9, 19 and 23

Level I
Mondays, 11:45 a.m.-12:45 p.m.
Jan. 5, 12, 26, Feb. 2, 9, 23,
Mar. 1 and 8

Level II
Wednesdays, 7-8 p.m.
Jan. 7, 14, 21, 28, Feb. 4, 11, 18 and 25

Level II
Wednesdays, 8:15-9:15 p.m.
Jan. 7, 14, 21, 28, Feb. 4, 11, 18 and 25

PRESCHOOL MOVEMENT

Cost: \$24
Ages 3-5 with Ms. Lisa
Mondays (except for Jan. 21 &
Feb. 18), 10:10-10:45 a.m.
Jan. 5, 12, 21, 26, Feb. 2, 9, 18 and 23

Register at the Recreation Office
or call (301) 342-3648 or
995-3869 for more information.

GROUP EXERCISE from page 3**Group Exercise Class Descriptions**

Group Cycling: Cross train by rotating through three stages of endurance interval and strength sessions in order to gain overall fitness success.

Endurance: focuses on an aerobic foundation while increasing aerobic capacity and improves cycling efficiency.

Interval: focuses on personal performance by abruptly increasing and decreasing the heart rate by manipulating the intensity of the activity.

Strength: builds muscular strength and endurance of the cardiovascular system by keeping the resistance at a moderate to high level.

Basic cycling: involves instructional focus on form and technique. This class is perfect for beginners or cyclists looking to fine-tune their riding form. These three combined forms of cycling contribute to a well rounded aerobic workout for all fitness levels.

Aqua Aerobics: Add variety to your workout - enjoy the benefits of both shallow and deep water in this cardiovascular workout. Classes will be held at the Indoor Pool.

Depth Combo: Aqua aerobics in both shallow and deep water.

Interval: Aqua aerobics with varying degree of intensity in both shallow and deep water.

Shallow Interval: Aqua aerobics with varying degree of intensity in shallow water.

Deep: Aqua aerobics in deep water.

Basic Exercise and Conditioning: Begin with low impact aerobics and move on to resistance bands and lightweights. End with stretching exercises. Great for beginners!

Cardio Combo: Cross train as you combine both Step and Floor aerobics in this combination class.

Cardio Sculpt: Cross train as you combine both Step and Floor aerobic while toning your entire body.

Interval: Challenge your aerobic capacity as you alternate aerobic and anaerobic intervals throughout class.

Low Impact: Challenge your cardiovascular system without putting stress on your joints! A low impact, high intensity aerobics workout.

Step: Step into this high intensity, low impact cardiovascular class incorporating 4 to 6 inch stepping platforms.

PT: This class is a basic PRT format that will combine both weight training and cardiovascular workouts. The class is designed to meet the needs of active duty personnel who are participating in the PRT program. Class style will change depending on these needs. Open to all eligible personnel.

Step and Box: Get a high intensity cardiovascular workout through step training, and add boxing maneuvers for body strength.

Step Circuit: Alternate cardiovascular stepping intervals with strength training intervals for a great cross-training workout.

Sculpt and Stretch: Use weights, tubes, bands and balls to strengthen and tone from head to toe. Class includes abdominal work and stretching.

Step and Sculpt: Add strength training to your cardiovascular step workout. This class begins with Step, then moves to both upper and lower body strength work.

Double Step: Step up and double your fun! Each patron has two steps in combinations, incorporate traveling from one to the other. Beginners are encouraged to take "Step" first.

**Hatha Yoga****Level I**

Mondays, 5:45-7:15 p.m.
Jan. 5, 12, 26, Feb. 2, 9

or

Wednesdays, 5:45-7:15 p.m.
Jan. 7, 14, 21, 28, Feb. 4

**Cost: \$35 per person for
5-class session
Studio A with Gina and Lauri**

DROP-IN CLASSES**Tuesdays**

(yoga experience preferred)

11:45 a.m.-12:45 p.m. Flow Drop-In
Instructor: Ann or Lauri Studio B

Thursdays

11:45 a.m.-12:45 p.m. Mixed Drop-In
Instructor: Gina Studio B

\$44 for 8 drop-in classes (1 hour classes)

Pass good for 4 months from date of purchase.

\$5.50 for Single Pass

**Register at the Recreation Office
prior to the first class.**

For more information call 301-342-3648 or 995-3869.

**New
participants get a
lunch time yoga class
for FREE.**

MWR December Hours

FACILITY	PHONE	HOURS OF OPERATION
Administrative Offices	342-3510	M-Th 7a-4:30p; F 7a-4p, Closed Dec. 25, 26 & Jan. 1
Auto Skills Center	342-3507	M 9a-6p; T-F 9a-8p; Sa/Su 9a-5p, Closed Dec. 24, 25, 26, 31 & Jan. 1
Bowling Center	342-3994	Open Play: M 9a-9p; T-Th 9a-4p; F 9a-5p & 10p-12a; Sa 3p-12a; Su 1-5p; Closed Dec. 24-25; Open Dec. 26 1-9p; Open Dec. 31 1-5p and by reservation only 7p-1a; Closed Jan. 1
Child Development Bldg. 2030 / Bldg. 434	342-7636 / 342-3636	M-F 6a-5:30p; Closed at Noon Dec. 24; Closed Dec. 25 & Jan. 1
Child Development Homes Office	342-3960	M-F 7:30a-5p; Closed at Noon Dec. 24; Closed Dec. 25 & Jan. 1
Customized Creations	342-3569	M-F 9a-4:30p; ; Open Dec. 24 9a-1p; Closed Dec. 25-26; Open Dec. 31 9a-1p; Closed Jan. 1
Cyber Zone	342-3293	M-F 6a-12a; Sa/Su/Dec. 25 7:30a-7p
Drill Hall, Fitness Cntrs., Weight Rm., Gear Issue	342-3508/342-3519	M-F 5a-10p; Sa 9a-9p; Su/ 11a-7p; Open Dec. 24 5a-5p, Closed Dec. 25; Open Dec. 26 11a-7p; Open Dec. 31 5a-7p; Closed Jan. 1
Drill Hall Indoor Pool	342-5960	Closed for Military Training Dec. 9-12 & 17-19; 8a-4p; no am aqua aerobics. Open Dec. 24 6-9a&10a-1p; Closed Dec. 25; Open Dec. 26 1-7p; Open Dec. 31 6-9a&10a-1p; Closed Jan. 1
Fitness swim		M-F 6-9a, 10a-1p, 3:30-6p (see above)
Rec swim		M-F 6-8p; Sa/Su 1-7p; (see above)
Eddie's Eateries	Bldg. 2185 & 2187	M-F 10:30a-2p; Closed Dec. 24, 25, 26, 31, Jan. 1 & 2
Energy Zone/Group Exercise	995-3869/342-3648	Closed Dec. 24 (except 11:30a step) Closed Dec. 25; Closed Dec. 26 (except 11:30 step); Closed Dec. 31 (except 6a & 11:30 step. No 9a aqua aerobics) Closed Jan. 1; Regular hours resume Jan. 2
Flight Deck Lounge	342-3200	T/W 3-9p; Th-F 3-10p; Closed M/Sa/Su/Dec. 20-Jan. 5
Flying Club	862-1110	Office: M-F 11a-1p Closed on holidays; Club: Open daily 7a-11p.
Goat Locker	342-5272	M-F 3-7p; Closed Sa/Su/Dec. 20-31, Jan. 1-4
Golf Course	342-3597	T-F 9a-5p; Sa/Sun/Hol 7:30a-5p; Closed M, Dec. 25 & at 3p Dec. 24
LI Eva's	757-1008	Bar: M 3:30-10p; T 3:30-8p; W/Th 3:30p-12a; F 3:30-10p; Sa/Su 1-8p; Facility: M-F: 7a-12a, Sa/Su 10a-8p; Closed Dec. 24, 25 & Jan. 1
Marina	342-3573	M-F 7:30a-4p; Closed: Sa/Su/Dec. 24, 25, 26, 31, Jan. 1 & 2
Officers Club	342-3656	Office: M 7:30a-4p; Tu-F 8a-4:30p; Closed Dec. 20 - Jan. 4 except for private parties
Lunch		M-F 11a-1:30p
Brunch		Su 10a-1:30p
Dinner		W 5:30-7:30p
Patuxent Landing	342-3293	Automated Menu Line: 342-3940
Breakfast		M-F 6-8a; Sa/Su/Dec. 24, 25, 31 & Jan. 1 Hot Bar Only 10a-2p
Lunch		M-F 11a-2p, Dell Only 2-5p; Sa/Su/Hol. 10a-2p Hot Bar Only Dec. 24, 25, 31 & Jan. 1 Hot Bar Only or Holiday Buffet 10a-2p
Dinner		M-F 5-7:30p Hot Bar & Grill; Sa/Su Grill only; Holidays (above) Hot Bar Only
MIDRATS		M-F 10:30p-12a; Sa/Su/Dec. 24, 25, 31 & Jan. 1 5-7p
Recreation Office	342-3648	M-F 8a-5p; Closed Dec. 24-26; Open Dec. 31 8a-1p; Closed Jan. 1
School Age Care	342-1694	M-F 6-9a, 3-5:30p; Closed at Noon Dec. 24; Closed Dec. 25
Theater	342-5033/342-3572	W & Th 6:30p; F 6:30p & 9p; Sa 4p, 6:30p & 9p; Su 3p; Closed M/T; Closed Dec. 24-25; Open Dec. 26 6:30-9p; Closed Dec. 31-Jan. 1
TicketMaster	Walk-in service only	M-F 8a-5p; same holiday closings and hours as Recreation Office
Vet Treatment Facility	342-4215	Sales: M-F 8a-4p; Clinic appt: W 8:30a-2:30p; Closed Dec. 24-26, Open Dec. 31 8a-4p; Closed Jan. 1
Wood Hobby Shop	342-6297	W-F 2-10p; Sa 9a-5p; Su 1-9p; Closed M/T/Dec. 24-25; Open Dec. 26 2-10p; Closed Dec. 31-Jan. 1
Youth Center	342-1694	M-F Office 12n-6:30p; Open Rec. M-Th 5:30-7:30p; F 5:30-8p; Sa 11a-5p; Closed at Noon Dec. 24; Closed Dec. 25 & Jan. 1

Hours subject to change.



WEDNESDAY NIGHTS

Buy any size soda, get FREE small popcorn

THURSDAY NIGHTS

Buy one ticket, get second ticket for half price

FREQUENT MOVIEGOER

After 10 visits, get 11th movie FREE

THURSDAY NIGHTS

FREE admission to Liberty personnel (E1-E5 active duty)

For a detailed movie schedule, visit our website at <http://nas.nawcad.navy.mil/mwr> or go to WINGSPAN (under Pax River NAS) and select the MWR button. Call (301) 342-5033 or check the Tester.

\$3.00 ADULT \$2.00 CHILD (7 - 11 yrs.)
Children 6 and under are admitted free to all movies. Proof of age required for R and PG-13 rated movies.
Tickets can be purchased 45 minutes prior to start of movie.
For more information, call (301) 342-3572.

New Payment Process for Base Theater
Effective Oct. 1, 2003, commands and other organizations reserving the Base Theater will be charged: \$100 for half day and \$150 for full day use. These new fees are being assessed due to funding reductions.
For reservations call 301-342-3648.

MWR Job Opportunities

Listings below are for non-appropriated fund positions only. To receive employment information or a copy of a vacancy announcement, contact the Morale, Welfare and Recreation (MWR) Personnel Office at (301) 342-3653/0943. Vacancy announcements may also be picked up at the Job Information Office

located in Building 2189. All applicants need to fill out current forms SF-171 or OF-612 and any supplemental forms and submit to MWR Personnel Office, Attn: Announcement # _____, Building 467, Suite A, Naval Air Station, 47402 Buse Road, Unit NASMR, Patuxent River, MD 20670-1537.

TITLE	SALARY	CATEGORY	ANNOUNCEMENT #	CLOSING
Accounting Technician	\$9-\$13/Hour	RFT	M-07703	OPEN UNTIL FILLED
Recreation Attendant	\$7/Hour	FLEX	M-02003	OPEN CONTINUOUS
Cashier/Checker	\$6.15/Hour	FLEX	M-01403	OPEN CONTINUOUS
Cook	\$8.66/Hour	FLEX	M-01503	OPEN CONTINUOUS
Custodial Worker - CBO	\$6.84/Hour	FLEX	M-01603	OPEN CONTINUOUS
Custodial Worker - O'Club	\$6.84/Hour	FLEX	M-01703	OPEN CONTINUOUS
Wait Staff	\$6.89/Hour+Tips	FLEX	M-01903	OPEN CONTINUOUS
Food Service Worker	\$6.84/Hour	FLEX	M-02603	OPEN CONTINUOUS
Snack Bar Operator	\$6.50/Hour	FLEX	M-02103	OPEN CONTINUOUS
Recreation Aid - various MWR facilities	\$5.75/Hour	FLEX	M-02503	OPEN CONTINUOUS
Recreation Aid - Gym/Gear Issue	\$5.75/Hour	FLEX	M-02403	OPEN CONTINUOUS
Water Safety Instructor	\$7.75/Hour	FLEX	M-02203	OPEN CONTINUOUS
Lifeguard	\$7.65/Hour	FLEX	M-01803	OPEN CONTINUOUS
Recreation Assistant - Fitness Center	\$7/Hour	FLEX	M-02303	OPEN CONTINUOUS
Child Development Program Assistant	\$9.24-\$11.32/Hour	FLEX	M-02703	OPEN CONTINUOUS
Youth Center Program Assistant	\$9.24-\$11.32/Hour	FLEX	M-02803	OPEN CONTINUOUS

Become a Child Development Home provider. Providers set their own hours and fees. Providers will receive free training, a resource library and other benefits. For more information, call the CDH office at (301) 342-3960.

4th ANNUAL ARMY NAVY PEP RALLY & PARADE

Thursday, December 4, 2003

Grand Marshal: Trish Dunn
CBS "Survivor: Pearl Islands" Contestant

3 p.m. Parade & Pep Rally

Line the parade route and cheer on your favorite float or gather at the Flight Deck Lounge at 4 p.m. for the pep rally, float contest and cheering competition.

Route: Gather behind the Naval Air Station Headquarters (Bldg. 409) at 3 p.m. Proceed left on Cedar Point Road and turn right onto Base Road. Turn left onto Lillencrantz Road and proceed to the Flight Deck Lounge.

4 p.m. Entertainment at the Flight Deck Lounge

All Hands Invited!

4 p.m. - Music by DJ Kevin Brown

Free appetizers and refreshments.

All station activities are invited to participate and enter their float* for a chance to win the following prizes:

- | | |
|-----------|---|
| 1st Place | \$300 cash provided by the Navy League |
| 2nd Place | \$100 in Bay Bucks provided by MWR |
| 3rd Place | 1 day free Beach House rental provided by MWR |

*MWR will reimburse commands up to \$50 for float supplies. Please contact Lisa Osborn at 301-342-3635 for details.

For more information, please contact
Tom Craddock 3/757-2832
LT Ryan Eisenhardt 3/342-9631



Sponsored by:

Navy League

&



Buck Distributing

GO NAVY!



HOLIDAY BUFFET

Christmas Eve Buffet

served Dec. 24, 10 a.m. - 2 p.m.

Baked Chicken, Roast Beef, Rice Pilaf,
Mashed Potatoes, Mixed Vegetables,
Sautéed Zucchini and Squash, Beef and Chicken,
Gravy, Vegetable Lasagna
\$6.50 per person

Christmas Day Buffet

Served Dec. 25, 10 a.m. - 2 p.m.

Roasted Tom Turkey, Stuffed Maryland Ham,
Mashed Potatoes and Turkey Gravy,
Baked Yams, Stuffing, Green Beans, Corn,
Seafood Fettuccini Alfredo
\$6.50 per person

Above prices do not include gratuity or desserts.

Desserts and drinks available a la carte.

Children 11 and under are free.

Grill open both days 5-7 p.m.

Pax Landing Restaurant

301-342-3293